

Long Term Planning

Homefield C of E Primary School

2024/25



Year One	Year One	Year One	Year One	Year One	Year One	Year One
Nature school Fundamental Movement Skills 1	Locomotion 2	Dance - Animals	Nature school Yoga	Striking & Fielding Game Skills 1	Gymnastics - Wide, narrow & curled rolling & balancing	
	Object Control 2	Target Games 2		Athletics 2	Net & Wall Game Skills 1	
Year Two	Tri Golf	Target Games 3	Invasion Game Skills 2	Net & Wall Game Skills 2	Athletics 2	Striking & Field Game Skills 2
Nature school Yoga			Gymnastics - Pathways: straight, zipzaq & curving	Nature school Yoga	Tri Golf	Striking & Field Game Skills 2
Year Three	Dodgeball	Football	Badminton	Tennis	Swimming	Netball
Nature school Dance - Dance Around the World		Dance - Dance Around the World	Gymnastics - Symmetry & asymmetry (partners)	Nature school Athletics 3		Cricket
Year Four	Netball	Nature school Dodgeball	Hockey	Badminton	Athletics 4	Cricket
	Tag Rugby		Dance - Vikings	Swimming	Nature school Athletics 5	Gymnastics - Arching and bridges
	Swimming	Gymnastics - Synchronisation & canon	Dance - British Values	Tag Rugby	Nature school Athletics 6	Tennis
	Basketball	Nature school Hockey	Hockey	Volleyball		Team Building and Problem Solving
Year Five	Basketball	Netball	Volleyball	Tennis	Nature school Swimming	Swimming
	Team Building and Problem Solving	Nature school Dodgeball	Dodgeball	Gymnastics - Counter-balance & counter-tension		Rounders